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Stacey L. Lihn

## About Stacey

### Those who know me well say that I'm:

- Able to think outside the box and see the big(ger) picture
- Strong-willed and passionate
- A good and thoughtful leader

**I chose to become a paralegal because** I love advocating for those in need, working as part of a team, and brainstorming creative solutions to complex issues.

**I believe that...** children are much wiser than adults give them credit for.

**I can...** enter a room and read people's energy and mood.

**My greatest accomplishment,** without a doubt, is overcoming adversity. At 19 weeks pregnant, with my second daughter, I learned the left side of her heart was not developing and she would be born with half a heart - a fatal critical congenital heart defect. From the day of her diagnosis, I faced incredible challenges and was forced to make life and death decisions. A decade and three open heart surgeries later, my youngest daughter is both surviving and thriving. Given the harsh life lessons of facing the death of your child and raising a child with a chronic illness, I've dedicated much of my life and time supporting, educating, and empowering others facing similar adversities through non-profit work, advising health care policy makers, and partnering with medical professionals and researchers to improve both quality of medical care and quality of life for patients and their families.

**Quote me:** Crisis equals opportunity; perspective is everything.

**My next challenge...** raising two tweenage girls!

**On my bookshelf:** Lincoln in the Bardo by George Saunders and Braving the Wilderness by Brene Brown.

**Seven words that describe me:** determined, reiki master, organized, empathetic, goal-oriented, kind, funny.

**One thing most people don't know about me:** I spoke at the 2012 Democratic National Convention on behalf of health care reform.

**I volunteer with...** Sisters by Heart, American Board of Pediatrics Foundation, National Academy of Medicine, Mayo Clinic's Consortium for HLHS.

**When I'm not working...** I'm checking homework, packing lunches and making dinner, driving Muber (mom uber), walking Finn the Bernedoodle, and spending quality time with my husband, Caleb, and two incredibly funny and witty daughters, Emmy and Zoe.

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